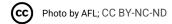


SAFEGUARDING CHILDREN

Everyone who plays AFL has the right to Be Safe, Feel Safe, Play Safe.





ACKNOWLEDGEMENT

The AFL acknowledges the Traditional Owners of the land on which we work and pay our respects to Elders past, present and emerging.

We acknowledge we play our great game on this land and respect the cultures of all First Peoples, their contribution to our nation and contribution to the game of Australian Rules Football.

We would also like to acknowledge any victim survivors of child abuse who may be here today. Know that we hear you and your voice matters.



DISTRESSING CONTENT WARNING

Look after yourself.

Reach out for support.

If you find the session distressing in any way, please stop and reach out to professional support.

Lifeline 131114

Beyond Blue 1300 224 636



INTRODUCTION



Sam Dellamarta Safeguarding Consultant

consulting

Dellamarta Consulting provides specialist safeguarding services to build an organisation's capacity to keep children, young people and the community safe.

Samantha Dellamarta

- Criminal Justice degree
- Training, auditing, investigating
- 15 years experience working with children and young people
- 5 years in private consulting
- Collingwood and Rabbitohs supporter



SAFEGUARDING COMMUNITY FOOTBALL EDUCATION SESSIONS

All sessions are being recorded and will be available at the AFL club help portal.

https://www.afl.com.au/clubhelp/safeguarding-children/webinars

Sessions 1 & 2 were specifically targeted to Victorian clubs and the Victorian Child Safe Standards



TIME OUT

- 1. Cameras on or off your choice.
- 2. Mic muted please!
- 3. Contact Vicky Gilbert if you need to send a private message to us
- 4. Jump into the chat and leave your:
 - name / role
 - Club / Association
 - state / territory



SESSION OVERVIEW

- 1. What is safeguarding?
- 2. What is abuse?
- 3. What are our obligations?
- 4. What do we need to do?





WHAT IS SAFEGUARDING?

Safeguarding children and young people in footy





WHAT IS SAFEGUARDING?

Safeguarding means making sure children and young people who participate in AFL/W activities, programs, services or use its facilities feel:

- Welcome
- Safe
- Comfortable
- Included



DEFINITIONS

Child Safe /

Child Safeguarding /

Safeguarding

DEFINITIONS

A Child: someone involved in footy who is 12 years or younger – usually a player but may also be a sibling of a player or child of an adult at the club.

A Young Person: someone involved in footy who is between the ages of 13 and 18 years old – usually a player but could also be an umpire or in another role at the club, or a sibling or child of a player.

Adult: someone involved in footy who is over the age of 18 - this could be a coach, manager, umpire, club official, AFL staff member, volunteer, and/or a parent.



WHAT IS SAFEGUARDING?

Safeguarding means making sure children and young people are safe from:

- Accidents and injuries during training and play
- Bullying and harassment from other young people or adults in footy
- Abuse or neglect



WHAT IS SAFEGUARDING?

Safeguarding children and young people in sport means having things in place to:

- Reduce the likelihood of abuse of a child or young person
- Increase the likelihood of knowing if a child or young person has experienced harm or abuse
- Increase organisational ability to respond appropriately if a child or young person has experienced abuse





WHAT IS ABUSE?

Understanding what abuse may look like in footy





ABUSE IN FOOTY-WHEN, WHERE AND HOW

Abuse in footy is any form of abuse that occurs:

- During sport training, matches and club events and activities
- Travelling in a car or bus, camps, carnivals or overnight football trips
- Between two or more people involved in sport participants, coaches, volunteers and parents
- From spectators, family and entourages from the sidelines and stands
- Additionally, a child or young person may experience abuse elsewhere, but disclose it to someone they trust at their club



TYPES OF ABUSE

TYPES OF ABUSE

1) PHYSICAL ABUSE

Any action that uses physical force that hurts a child or young person.

This includes hitting, beating, kicking, shaking, biting, strangling, scalding, burning, poisoning, suffocating.

2 SEXUAL ABUSE

Any behaviour that is sexual, or that makes a child or young person feel uncomfortable, threatened or scared, or is illegal.

This includes physical touch and talking about sexual and private things in person or online or showing someone videos or photos that are sexual or private or asking someone to send private or sexual videos to someone else.

3 NEGLECT

When an adult doesn't provide a child or young person with basic needs such as food, water, shelter, appropriate clothing, supervision, access to education and health services.

4 GROOMING

This includes when an adult is acting in a way that singles out a child or young person, getting to have one on one time with them, looking for ways to be alone with them away from other adults. It can feel like it is normal and might not even make the child or young person uncomfortable, but it doesn't happen to others.

5 EMOTIONAL ABUSE

The use of words or acts that can make a child or young person feel bad, sad, embarrassed, left out, worried, confused, shamed, anxious or threatened.

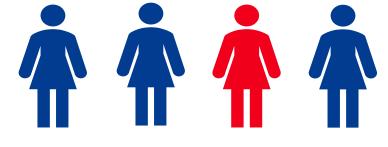
6 BULLYING

Bullying involves the inappropriate use of power by one or more persons over another less powerful person and is generally an act that is repeated over time. Bullying may include:

- verbal (name calling, put downs, threats)
- physical (hitting, punching, kicking, scratching, tripping, spitting)
- social (ignoring, excluding, alienating)
- psychological (spreading rumours, stalking, dirty looks, hiding or damaging possessions).



CHILD ABUSE STATISTICS



1 in 4 girls



Sources: Royal Commission into Institutional Child Sexual Abuse (2014); ABS Personal Safety Survey (2012)

CHILD ABUSE STATISTICS

10 years 20 years 30 years

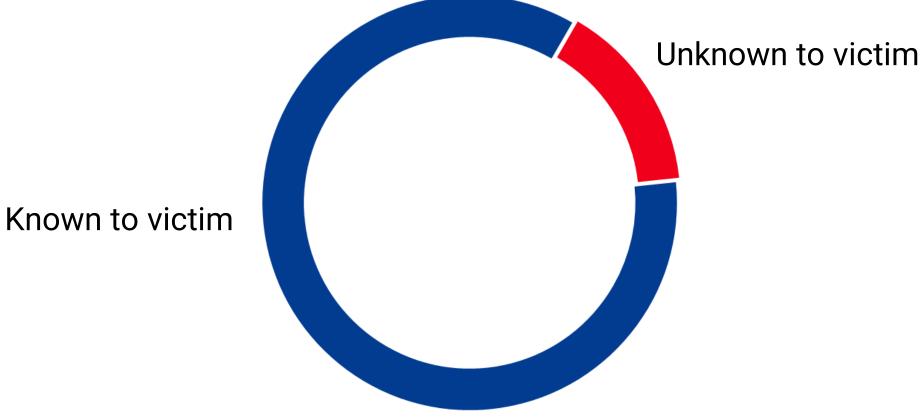
The average time for survivors to report abuse



Sources: Royal Commission into Institutional Child Sexual Abuse (2014); ABS Personal Safety Survey (2012)

CHILD ABUSE STATISTICS

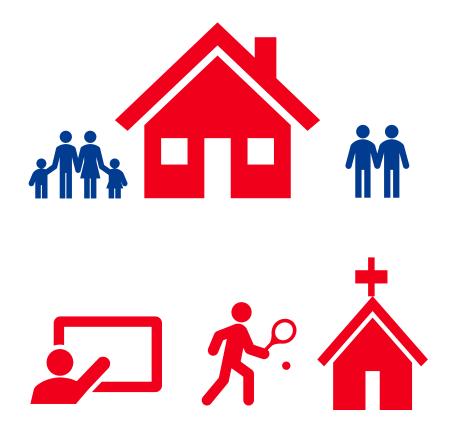
The perpetrator is:





WHAT'S KNOWN ABOUT ADULT PERPETRATORS

- In the family
- Outside the family
- In institutions





IDENTIFYING ABUSE - INDICATORS

| PHYSICAL INDICATORS | BEHAVIOURAL INDICATORS |
|---|---|
| Unexplained or suspicious bruises, welts, cuts, abrasions | Little or no reaction or emotion displayed when hurt or threatened |
| Unexplained or suspicious fractures or dislocations | Overly compliant, shy, withdrawn, passive or uncommunicative |
| Multiple injuries – old and new | Demonstrated fear of parents, carers and guardians, and of going home |



HIGH-PROFILE CASE EXAMPLES

Coach

- Saints Little League Coach in 70s
- Pleaded guilty in 2011 to indecently assaulting 19 boys
- He had a particular rule No parents in the changeroom
- One victim explained Ray's abuse of trust during his time as a sporting coach at the school, saying: "We were mad sportsmen, and being your footy and cricket coach, you didn't want to do anything to upset him."

Source: Russel Jackson, ABC News article, 3/4/21



HIGH-PROFILE CASE EXAMPLES

Footscray Football Club

- 7 years of abuse starting with grooming money, food, tickets, important role at the club
- Not a coach / not a player
- Many red flags access to the club, money, private spaces, the lack of interest in the actual games
- Vulnerability of the victim/survivor 'I was the example of what they look for....I was the blueprint'
- Lifelong experience of 'guilt, trauma and shame'
- Impact on relationships, mental and physical health, employment
- Significant PTSD
- No response from the club



EXAMPLES



A coach who sends personal WhatsApp messages late at night to the 13-yr old players in their team



The manager who continually singles a player out in front of the rest of the team, commenting on how they 'aren't good enough to be in the team and should be playing down a grade'



A male player sneaking into a female player's room at a footy camp without consent



A parent who is helping on an interstate trip who thinks it's cool to show porn to the under 13s team in the hotel after the match



A committee member charged with possessing child abuse material



A child who is touched unnecessarily by a parent helper when being taught how to perform a skill



TIME OUT

- Can you think of any situations you have seen, or heard about, that might raise concerns?
- Do you think your club, or people within your club may have let some of this stuff slide in the past?
- What about now?





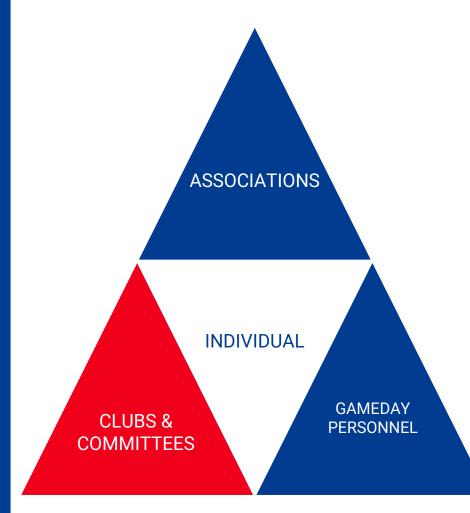
WHAT ARE OUR OBLIGATIONS?

The legislation and what it means for clubs.





WE ALL HAVE A ROLE TO PLAY



ASSOCIATIONS at all levels are responsible for the way in which they lead their commitment to the safety of children and young people through policy, practice, education and culture.

CLUBS and committees are responsible for the expectations they set, the culture they create, the environment in which they operate, the information and education they provide to ensure this, and the way in which they respond to concerns raised with them.

GAMEDAY PERSONNEL are responsible not only for their own behaviours, attitudes and actions, but also for the boundaries and expectations they set for children and young people, the culture they create and the way in which they respond to concerns raised with them.

INDIVIDUAL adults in footy, regardless of their role, are responsible for the impact their own behaviours, attitudes and actions have on the safety of children and young people.



LEGISLATION





SUMMARY OF THE LEGISLATION

In most states and territories:

- Volunteers and paid staff must have a Working with Children Check or equivalent
- All adults must report all concerns of abuse of a child or young person
- Grooming online is an offence
- Grooming in person is an offence
- Organisations can be held legally responsible for abuse that occurs



NATIONAL PRINCIPLES FOR CHILD SAFE ORGANISATIONS





HOW DO THEY APPLY TO:

Clubs/Committees

- Overall governance, risk and culture
- The club policies and procedures
- The safeguarding information that is provided to everyone including information about making complaints
- The continuous improvements required to stay on top of these obligations
- Recruitment, education and supervision of of volunteers
- Engagement and participation of children, young people and their families in the club
- The physical and online environments including facilities, changerooms, clubrooms and grounds
- The cultural safety of Aboriginal children and their families, and the way in which those from diverse communities are included and made to feel welcome

Standards 1-10

Game Day Personnel

- Ensuring only safe and appropriate people are recruited into roles within the club
- Offering access to education to make sure they know what is expected of them and what the rules are
- Having clear complaints processes and empowering them to speak up and call out poor behaviour and abuse

Standards 5, 6,7, & 10

Children, Young People & their Families

- Creating a club culture where everyone feels included and welcome
- Offering access to education to make sure they know what is expected of them and what the rules are
- Having clear complaints processes and empowering them to speak up and call out poor behaviour and abuse

Standards 2,3,4,6,7,8 & 10



OBLIGATIONS FOR COMMITTEES

Prevent it.

Respond to it.





WHAT DO WE NEED TO DO?

Simple steps to keeping children and young people safe.



THE END GOAL

The Australian Football League (AFL) is committed to promoting and protecting the safety and wellbeing of all children and young people who participate in AFL/W activities, programs, services and /or use AFL/W facilities by fostering a culture where children and young people feel safe and welcome.

Everyone who plays AFL has the right to Be Safe, Feel Safe, Play Safe



THE END GOAL

- The club and the club community are aware of safeguarding, what is expected of them and the role they play in keeping children and young people safe
- The committee are confident in their ability to put preventative measures in place and to respond effectively to issues that arise
- There are sufficient policies and guidelines that are accessible and easy to understand for all audiences
 - The people involved in the club are recruited, screened, supervised and educated appropriately.
- \odot
- Ongoing training and education for all adults involved with children and young people
- \odot
- Clubs are aware of the risks to children and young people across both their online and physical environments and continue to discuss, address and mitigate these risks





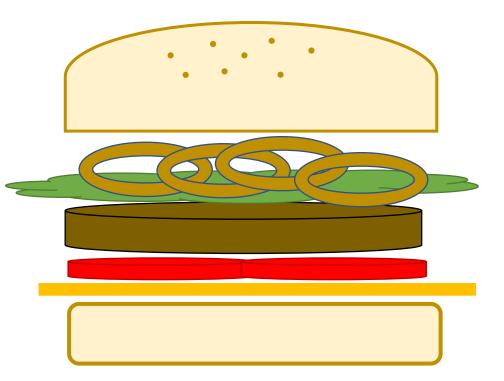
Quick Reflection

What do you think will be your biggest barrier?



GETTING THERE The ACTION hamburger

Check in Action Check in again





Check in







Where are you now?

RECRUIT YOUR CHILD SAFEGUARDING OFFICER (CSO)

Choose someone to take ownership of safeguarding and to work alongside the committee to get started.

COMPLETE THE SAFE FOOTY CLUB CHECK IN TOOL

Starting with your committee, at your next meeting, work through the tool together to identify the things you are already doing and the things you need to focus on. You can do one activity, or all three.







Recruit your Child Safeguarding Officer

RECRUIT YOUR CHILD SAFEGUARDING OFFICER (CSO)

Choose someone to take ownership of safeguarding and to work alongside the committee to get started.

Safeguarding Champions are really important. Everyone can be a champion, but there are few 'must haves' that you can recruit and/or appoint ASAP:

- At the top Start with your Committee, nominate a Committee Member to hold the 1. Child Safeguarding Portfolio at your next meeting
- On the ground If your club has a Child Safeguarding Officer (CSO) this will be your primary 'Champion'.

If your club does not have a CSO or MPIO, it is important you appoint one to see out the season and make sure you have someone recruited and appointed for next year!

You can use the resources provided in the CSO Recruitment Pack to help make sure you get the right person.



CHECK IN



Recruit your Child Safeguarding Officer - FAQs

Who should do the recruitment?

Your committee.

At least two committee members should be involved, in the recruitment.

Where should we look?

Outside the club.

Local university / TAFE students who are studying psychology, teaching or community welfare courses.

Inside the club but outside the usual volunteer pool – try your senior players or parents with relevant backgrounds.

What about MPIOs?

If your club has an appointed MPIO they may be a good person to get you started, but you should still work towards a specific Child Safeguarding Officer to keep the ball rolling.





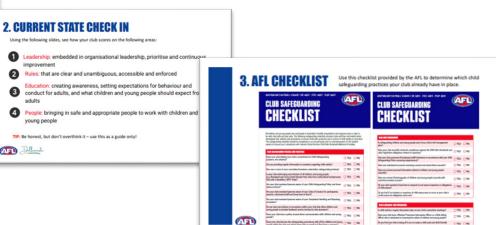


Where are you now?



Starting with your committee, at your next meeting, work through the tool together to identify the things you are already doing and the things you need to focus on. You can do one activity, or all three.











Where are you now?

RECRUIT YOUR CHILD SAFEGUARDING OFFICER (CSO)

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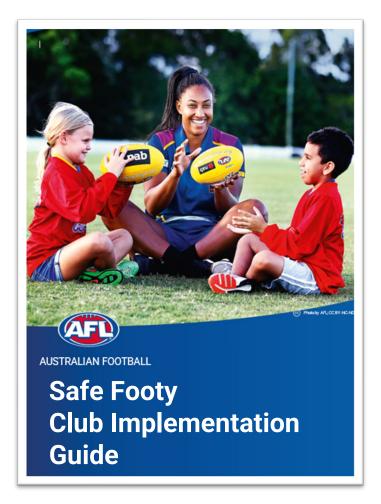


Accessible: Designed for volunteers to work through step by step and available on Club Help website.

Flexible: Priorities and order are indicative only - there is flexibility to achieve what you can, when you can, no set timeframes.

Inclusive: Everything you need or links to everything you need are included in the package

The Implementation Guide uses the Now, Next and Again model to help clubs prioritise steps and keep clubs progressing through the work.





ACTION The Now, Next & Again Model

>>

HIGH RISK AREAS

NOW

Things your club/association can and should be doing NOW to mitigate harm to children and young people

MEDIUM/LOW RISK AREAS

NEXT

Things that are still important and should be prioritised after the "NOW" items have been actioned.

>>

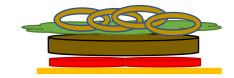
AGAIN

7010

Things requiring ongoing effort, review or refreshing to promote continuous improvement and compliance.



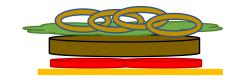
1. AWARENESS



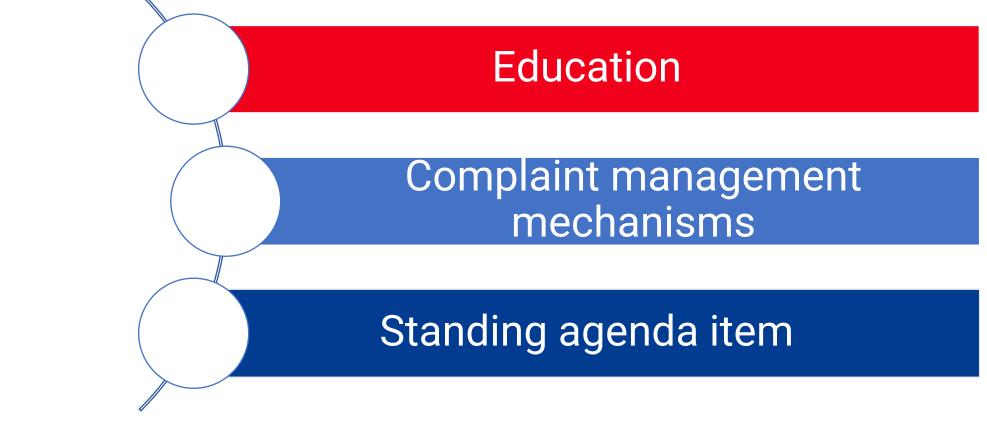
The club and the club community are aware of safeguarding, what is expected of them and the role they play in keeping children and young people safe



2. LEADERSHIP

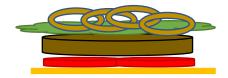


The committee are confident in their ability to put preventative measures in place and to respond effectively to issues that arise





3. RULES



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There are sufficient policies and guidelines that are accessible and easy to understand for all audiences

Policies & Procedures

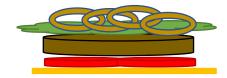
Resources

Various languages

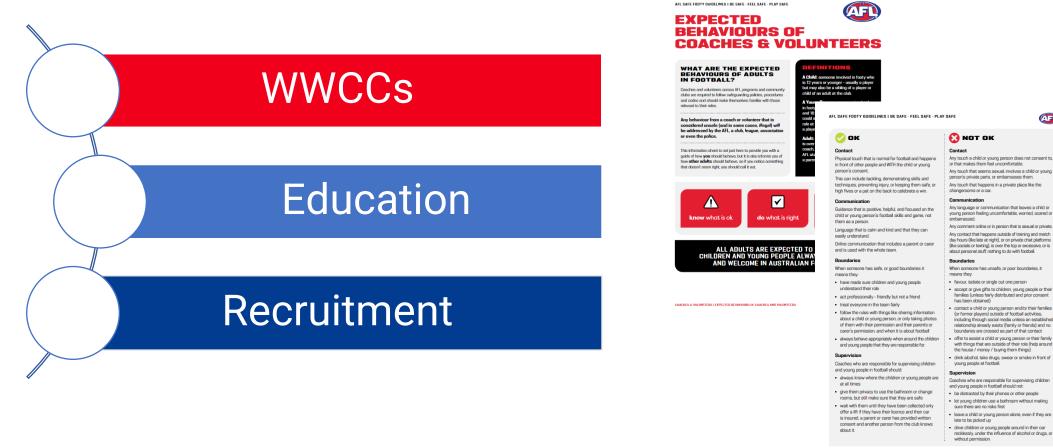




4. PEOPLE



The people involved in the club are recruited, screened, supervised and educated appropriately. (~





COACHES & VOLUNTEERS | EXPECTED REHAVIOURS OF COACHES AND VOLUNTEER

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embarrassed.

Boundaries

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voung people at football.

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without permissio

person's private parts, or embarrasses them.

Any touch that happens in a private place like the

young person feeling uncomfortable, worried, scared or

day hours (like late at night), or on private chat platforms

(like socials or texting), is over the top or excessive, or is

about personal stuff, nothing to do with football.

When someone has unsafe, or poor boundaries, it

contact a child or young person and/or their families

or former players) outside of football activities,

including through social media unless an established

relationship already exists (family or friends) and no boundaries are crossed as part of that contact

offer to assist a child or young person or their family

drink alcohol, take drugs, swear or smoke in front of

be distracted by their phones or other people

let young children use a bathroom without making

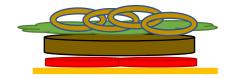
leave a child or young person alone, even if they are

· drive children or young people around in their car

recklessly, under the influence of alcohol or drugs, or

with things that are outside of their role (help around the house / money / buying them things)

5. EDUCATION



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Ongoing training and education for all adults involved with children and young people



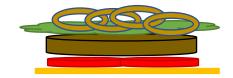




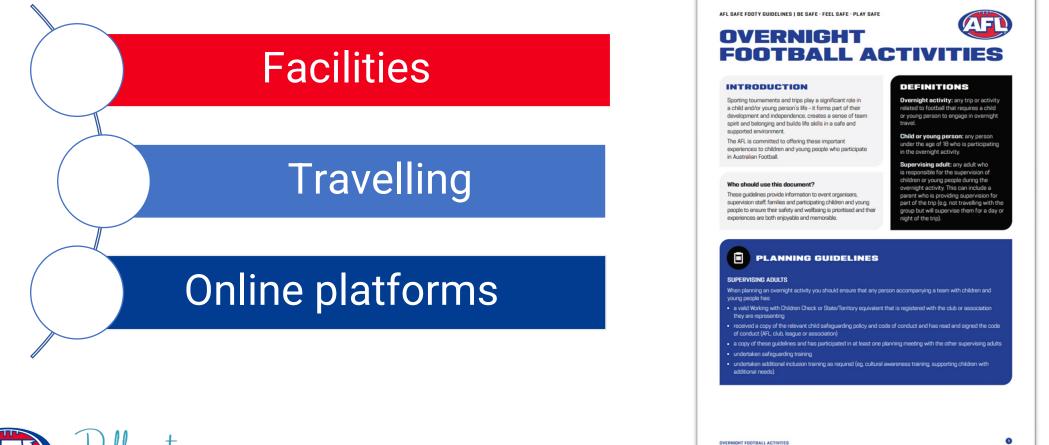
Safeguarding Community Education Session #2 Q&A Session

Helping community clubs prepare for the introduction of new Child Safe Standards, this Q&A sension runs through all of your questions and queries when implementing the new Standards at club level.

6. ENVIRONMENTS



Clubs are aware of the risks to children and young people across both their online and physical environments and continue to discuss, address and mitigate these risks





(~)







Share the load.

Take your time.

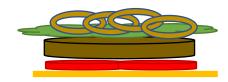
Use the resources.

Involve children and young people.



Anything is better than nothing.











CHECK IN AGAIN Now where are you?

| IL UILURLIGI s | | _ | | |
|--|-----------------|---------|--|------------|
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ADDITIONAL SUPPORT RESOURCES

Support, education and resources for clubs





EXAMPLES OF RESOURCES

Resources for:

- Children & Young People
- Families & Community
- Coaches & Volunteers
- Umpires & Officials
- Clubs & Associations
 - Overnight Football Activities
 - Child Safeguarding Officer Position
 Description
 - Risk Assessment Tool
 - Risk Register
 - Social Media Copy
 - Committee Safeguarding Agenda Schedule
 - Legislative Landscape Map
- Child Safeguarding Officer
 - Checklist
 - Club Check In Tool
 - CSO Intro Poster
 - CSO Schedule
 - Implementation Guide





AFL Safeguarding Children Portal

Suite of resources and useful links to help foster a safe and welcoming environment for children and young people in football



https://www.afl.com.au/clubhelp/safeguarding-children





Young People (13-18)

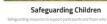
Further Links

Families and Community











Safeguarding Children Resources

AFL Diversity & Inclusion Portal

Information, resources, tools and free online training to help prevent and deal with integrity issues and concerns in sport



https://www.afl.com.au/clubhelp/diversity



Play By The Rules

Information, resources, tools and free online training to help prevent and deal with integrity issues and concerns in sport



https://www.playbytherules.net.au



COMING NEXT

MAY FOCUS SESSIONS

In these sessions we will focus on a specific cohort within your club, & consider the actions your club can be taking to ensure the Child Safe Standards are fully implemented.

May 17, 7:30 PM - Game Day Personnel Education

May 31, 7:30 PM - Community Education





WE LIKE DATA!

Head to this link to fill out a 2 min survey to help us understand where you were at the beginning of this session and where you are now!

https://www.surveymonkey.com/r/X39X6TC





THANK YOU & STAY SAFE info@dellamartaconsulting.com OR clubhelp@afl.com.au



